

Prevent slips, trips, and falls on stairs



- Hold the handrail to help keep your balance.
- Keep your phone in your pocket to free up your hands and prevent distraction.
- Make sure you can see where you're going if you're carrying something.
- Where possible, use a cart or dolly and an elevator.



- Remove a slip and trip hazard if you can do it safely. If not, alert others and report the hazard.
- Avoid rushing, as it increases the risk of slips, trips, and falls.

Be alert to hazards. Report them immediately to your supervisor.



For videos and more information, visit worksafebc.com/slips-trips-falls.